



Arnicare® Gel Product Information

Unscented · Quickly Absorbed
Non-Greasy · Paraben-Free
Works Naturally with Your Body

Uses:

- Temporarily relieves muscle pain and stiffness due to minor injuries, overexertion and falls*
- Reduces pain, swelling and discoloration from bruises

Benefits:

- Non-sticky, non-greasy; Quickly absorbed by the skin; Unscented & paraben-free
- Recommended by doctors & plastic surgeons to relieve post-procedure bruising, swelling and pain in patients; Used by professional athletes & savvy moms worldwide

Directions:

- Apply a thin layer of Arnicare Gel to affected area and massage gently as soon as possible after minor injury. Repeat 3 times a day or as needed.

Active Ingredient:

- Arnica montana 1X HPUS-7% – *Trauma, muscle pain & stiffness, swelling from injuries, discoloration from bruising*
The letters HPUS indicate that this ingredient is officially included in the Homeopathic Pharmacopœia of the United States.

Inactive Ingredients:

- alcohol, carbomer, dimethicone copolyol, purified water, sodium hydroxide

Warnings & Other Information:

- For external use only. Avoid contact with eyes, mucous membranes, damaged skin or wounds.
- Do not use if you are allergic to Arnica montana or to any of this product's inactive ingredients.
- When using this product, use only as directed; do not bandage tightly or use a heating pad.
- Stop use and ask a doctor if condition persists for more than 3 days or worsens.
- Keep out of reach of children.
- If swallowed, get medical help or contact a Poison Control Center right away.
- Do not use if glued carton end flaps are open or if the tube seal is broken.
- Store at 68-77°F (20-25°C).



Available at CVS, Walgreens, Rite Aid,, Wal-Mart, Target & local health food stores

www.Arnicare.com

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*These "Uses" have not been evaluated by the Food and Drug Administration.